

I, Angeline Yewong was an intern with UNAFAS from July 2007 while waiting for my O'level result. My O'level result finally came up on August 2007, which favoured my hearts desire. .. During my time with UNAFAS I have come to learn and gain more in all respects, as will be seen below.

Primary activities "computer."

I was given some instruction which I went through with a lot of determination. The polite way of appreciating every little thing I did raised my spirit to work harder. I learned to appreciate other people no matter how small the situation may be, and act politely even when I am expected to be rude. Before the beginning of December I could do many things on the computer, much of which I discovered for myself.

I was also involved in activities out of the office These gave me some difficulties, because some people are not usually honest. This branch of my work was the most difficult and helped a lot to open me to the world. More especially, knowing the society I am living in. I am now able to interact with different categories of people with different ways of thinking and understanding. I also realised how corrupt even rich people in the society are. As a stranger in Yaoundé I was able to search out places on my own.

Some humiliating words I received helped me to know my status in society and helped me to work hard to come out of it - by studying hard to succeed in my A level exams.

Equally important is that I learned about conservation in almost all aspects, especially through materials I read in the office or through reports from people like UNAFAS scholars, and from attending their meetings. I also learned through conversation with my boss.

I really appreciate and give thanks to UNAFAS for their great concern to improve knowledge and skills in all respects, especially for people like myself.

> Angeline Yewong Age 28, Yaoundé. February 2008.